

Covid-19 Infection Control Flowchart: When Feeling Unwell

(Ver. July 10, 2023)

No symptoms of being unwell

You have a symptom of being

COVID- 19 **Test Positive**

(Including the case "Test Positive" proved by Self-test)

The cases **Other than Test Positive**

For instance...

- You haven't visited any Healthcare Facilities
- You've confirmed Test negative by PCR test, etc.
- You haven't taken any tests, etc.

[A Period Recommended to Refrain from Going Out]

- Refrain from going out for 5 days ^{(*)2} starting from Day 0 (symptoms onset day) ^{(*)1}
- If the symptoms persist on DAY 5, keep monitoring your health and stay at home until **"24 hours pass after a fever has disappeared and the symptoms such as phlegm, sore throat, etc. have abated."**
If your symptoms are severe, consult with a doctor.

- (※1) If you are asymptomatic, Day 0 is the day the test specimen is collected.
- (※2) If you unavoidably go out during this period of time, Please ensure you have no symptoms and wear a mask.

[Consideration for those around you]

- Until 10 days have passed from the Onset Day, wear a non-woven mask and refrain from contact with high-risk persons such as the elderly.
- If symptoms such as coughing and sneezing persist after 10 days from the onset of illness, be mindful of cough etiquette, such as wearing a mask.

[Employees]

Employees are recommended to refrain from working at university during the "Recommended Period mentioned above."

※Access to TU Hosp. is specified by "TU Hosp. COVID-19 response Manual" (As of May 8, 2023: 5-day Access Prohibition.

[Students: Class attendance]

The student's attendance shall be suspended until 5 days have passed after the onset AND One day has passed after the symptoms have abated.

Please inform your Workplace/Department etc. When you work from home/ are absent from work/classes

※**Students under clinical training also need to inform the department that hosts your training.**

[Students·Faculty/Staff]

Recommendations:

If you have a symptom, please refrain from coming to university.

[Criteria to return to university]

After the symptom abates.

(Fever has disappeared and symptoms such as phlegm, sore throat, etc. abated)

《Ref. : Consultation service provided by Miyagi Pref.》 (5/8)

- Guide of available Healthcare Facilities
- Consultation on medical treatment, etc.

Medical Information Center:

TEL : 0120-056-203

<Query on how to respond>

(For details, Refer to SOM/GSM website)

Undergraduate: Medical Students

(Academic Affairs sec. _Undergrad. Medicine)

E-mail: med-kyo2*grp.tohoku.ac.jp

Undergraduate: Health Sciences Students

(Academic Affairs sec. _Undergrad. Health Sciences)

E-mail: cms-kyom*grp.tohoku.ac.jp

Graduate Students

(Academic Affairs sec. _Graduate)

E-mail: m-daigakuin*grp.tohoku.ac.jp

Employees (General Affairs sec.)

E-mail: med-som*grp.tohoku.ac.jp

※If you send an email in English, please include int-exchange*med.tohoku.ac.jp (International Exchange Office) in CC.

《Clinical Training at TU Hosp. (Students)》

In the following cases, students shall be suspended from Clinical trainings for 5 days from the last contact date, which is handled as an "Official absence" by submitting an "absence report" saying that the reason for absence is "being a Close Contact". (No additional documents required)

- When students did high-risk behavior such as eating/drinking, etc. with a suspected positive person, who had shown symptoms, without taking appropriate infection control measures.
- When students contacted with an infected person AND did high-risk behaviors such as eating/drinking, etc. together without taking appropriate infection control measures during the infectious period (from 2 days before the onset of the positive person).